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 **Coach profile**

IAAF Kids’ Athletics Coach

Athletics Australia Level 4 Specialist Coach – Development Coach – All events

Athletics Australia Level 4 Specialist Coach – Sprints, Relays & Hurdles

Youth Aths Leader – involved with Schools programme for athletics

Merit Holder of Athletics NSW

Former National Coach for U/20 Walks

World Champs Technical Adviser to St. Moritz with Australian Walkers

Mentoring many coaches over the years

Coach to World Juniors competitors, State and National Champions, Sprints, Hurdles and racewalking

Coach to Deaf Olympics athletes

**Australian Track & Field Member for over 30 years**

ATFC Accredited Elite Performance Coach

Club Coach of the year NSW 1995-1996

**Australian Sports Commission–Aust Strength & Conditioning Association**

Level 1 Coach (approx. 15 years)

**Personal Achievements**

State 1 at No.1 in team for Squash

State Level Swimmer

State level athletics

A Grade Netball District

Represented Matraville High School in: swimming, athletics, netball & softball

Life Member Randwick Botany Harriers – Club Membership No: 4426

10 years Active Service/ Membership South Maroubra Surf Lifesaving Club

International Women’s Day 2006 – NSW Honor Roll

South Eastern Little Athletics Centre – Foundation Secretary

Regal Racewalkers NSW – Foundation Secretary